



## Williamston High School Vaping Information October 2019

Dear WHS families,

As you may recall, last year I emailed a letter home regarding “vaping” amongst teenagers. I would like to provide families with updated information about this trend being [described as an epidemic](#) as it continues to be popular with adolescents locally as well as across the state and country.

According to [drugfree.org](#), “Many substances can be vaped, but the most common are variations of flavored e-liquids which come in small bottles or pre-filled pods or cartridges.

- Flavored e-liquids come in thousands of flavors ranging from cotton candy and grape to king crab legs and hot dog.
- Flavored e-liquids with differing levels of [nicotine](#). One of the more popular devices, Juul, contains 59 mg/ml of nicotine in each pod, the equivalent of a pack of cigarettes.
- Flavored e-liquids with [marijuana](#). Marijuana can be vaped in a variety of forms including its dried leaves or using THC and/or [CBD](#) oil (THC is the psychoactive compound that creates a sense of being high).”

Very recently, there has been extensive reporting on vaping and related dangers and illness:

- [Outbreak of Lung Injury Associated with E-Cigarette Use, or Vaping \(CDC\)](#)
- [Hundreds of people nationwide fall ill from vaping, including one death in L.A. County \(LA Times\)](#)
- [Dangers of vaping: Facts and statistics on health risks of e-cigarettes as lung illness causes teen deaths across U.S. \(Newsweek\)](#)

In order to combat vaping amongst teens, [Michigan has banned the sale of flavored vape juice](#) as of October 2, and there are [federal “anti-vaping” bills addressing the sale of vape products](#).

Additionally, there are many informational online resources and articles that provide suggestions and support on how to address vaping:

- [Is my kid vaping? If so, what? And how do I help them quit? Here are tips for worried parents \(USA Today\)](#)
- [A Parent’s Guide to Vaping \(US News\)](#)
- [Talk with Your Teen About E-cigarettes: A Tip Sheet for Parents \(Surgeon General\)](#)

Finally, pictures of common vaping devices are below in an effort to keep you informed of some of the more popular shapes, sizes, and styles in which vapes exist:

Dab & Vape Pens: Used to vaporize THC which is the active chemical in marijuana. Disposable cartridges containing the liquid screw onto the pen. These [cartridges can be “bootleg” and contain dangerous chemicals.](#)



Suorin: A vape device used to vaporize vape juice that is either flavored or contains nicotine.



SMALLER THAN  
A CREDIT CARD



E Cigarette: Refillable device used to vaporize vape juice that is either flavored or contains nicotine.



Juul (pronounced “jewel”): a very popular vape that looks like a USB device, is small and easy to conceal. [Juul is currently under investigation by the FDA and several states for intentionally market their product to minors.](#)



I hope this information is informative. Thank you for your continued partnership in educating our students to make healthy and safe decisions.

Sincerely,

A handwritten signature in black ink that reads "Steven C. Delp". The signature is written in a cursive style.

Steven C. Delp, PhD  
Principal